

IDEAL NEUROLOGY

Welcome to the Ideal Neurology Clinic!

Thank you for choosing us for your neurology care. We're here to support you on this journey. Our website has valuable information. You can prepare for your first visit using the following checklist. We look forward to working with you!

Please fill out or <u>bring</u> the following completed forms to your initial visit. This will ensure a complete evaluation. Dr. Chalfin will review them at the time of your visit.

aluation	. Dr. Chaifin will review them at the time of your visit.
	Signed Patient Agreement with Credit Card Authorization Form
	Completed Registration Form
	Completed Questionnaires
	Any and all medications and supplements you take regularly
	Copies of prior evaluations including doctor's notes, hospital discharge summaries, laboratory studies, MRI/CT scans (reports & discs appreciated), EEGs, EMGs/Nerve Conduction Studies, and PT/OT/ST assessments
lf y	ou have any questions, do not hesitate to ask. I am looking forward to meeting with you.
	Warm Regards,
	Renata Chalfin, M.D.

Summary of Office, Financial, and Cancellation Policies

We're delighted that you're considering Dr. Chalfin for your neurology care. Our practice is committed to delivering evidence-based, personalized, and compassionate neurology services. To ensure that we're the right fit for your nonurgent outpatient neurology care, we ask you to carefully review this agreement. Your continued care with Dr. Chalfin signifies your agreement with our policies, which form the basis of our strong doctor-patient relationship.

Here are some essential points to keep in mind:

- **Patient Selection**: Dr. Chalfin reserves the right to accept or decline patients based on her capability to appropriately handle their neurological needs.
- **Primary Care Practitioner**: We recommend all patients have a primary care physician for preventive care, regular bloodwork, and other health maintenance.
- **Insurance and Payments**: We accept Traditional Medicare and Medigap plans. While we'll make our best attempt to estimate your out-of-pocket costs, the final charges are determined by the complexity of your case and your insurance coverage.
- **Appointment Reservations**: To secure your appointments and protect against no-shows or late cancellations (within 48 hours), we require a credit card on file.
- **Hours of Operation**: Our practice operates on Tuesdays through Thursdays, from 9 am to 3 pm, excluding holidays. Please note that these hours are subject to change.
- **Prescriptions and Referrals**: These are provided during appointments only. Patients are typically offered follow-up appointments during their initial visits.
- **Urgent Care**: We are not an emergency facility. If you have acute symptoms that may be life-, limb-, or vision-threatening, such as sudden-onset vision or hearing loss, slurred speech, or weakness in face or limbs, please seek care at your local ER.
- After-Hours Contact: If you need to urgently speak with Dr. Chalfin after hours, you can request to page the doctor, and she will return your call as soon as possible. However, please use this service for genuine emergencies, as nonurgent, frequent, or abusive use may result in charges, warnings, or dismissal from the practice.
- **Non-Urgent Matters**: For non-emergent concerns, such as scheduling appointments or asking a medical question, please call during office hours. After hours, you're welcome to leave a nonurgent voicemail for a callback during office hours.

We are here to provide you with top-notch neurology care and look forward to being part of your healthcare journey.

Warm Regards,	
Dr. Chalfin and th	e Ideal Neurology Clinic

Patient Name:	DOB:	Page 2
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IDEAL NEUROLOGY CLINIC PATIENT AGREEMENT

This is an Agreement between Ideal Neurology Clinic, PLLC (**Practice**), a Florida LLC located at 7280 W Palmetto Park Rd, Ste 104, Boca Raton, FL 33433, Dr. Renata Chalfin (**Physician**) in her capacity as an agent of the **Practice**, and you (**Patient**).

1. Background

The Physician practices neurology and delivers care on behalf of Practice in Boca Raton, Florida. In exchange for certain fees paid by You, Practice, through its Physician(s), agrees to provide Patient with the Services described in this Agreement on the terms and conditions set forth in this Agreement. The practice website is https://www.idealneurology.com.

2. **Definitions**

- a) **Patient.** A patient is defined as those persons for whom the Physician shall provide Services, and who are signatories to this agreement.
- b) **Services.** As used in this Agreement, the term Services are those offered by Practice. This Agreement is for ongoing nonurgent outpatient neurology care. The Patient is expected to maintain a relationship with a primary care practitioner, preferably a physician (M.D. or D.O.), for preventative care, including regular bloodwork, annual exams, and referrals for health maintenance examinations such as colonoscopies. The Patient may need to visit other specialists, the emergency room, or urgent care from time to time. The Patient will be provided with methods to contact the Physician. Physician will make every effort to address the needs of the Patient in a timely manner and to be available via phone when appropriate, but Physician cannot guarantee availability and cannot guarantee that the patient will not need to seek treatment in the urgent care or emergency department setting.
- c) **Outpatient**. Outpatient neurology care is defined as evaluation and management of neurological conditions that is performed outside of a hospital setting, including in-office, over the phone, or via telemedicine.
- d) **Acceptance of Patients**. Practice reserves the right to accept or decline patients based upon its capability to appropriately handle the patient's neurological needs. It may decline new patients pursuant to the guidelines proffered in Section 14 (Term), because the Physician's panel of patients is full, or because the patient requires medical care not within the Physician's scope of services.
- Medicare Patients. If Patient holds a traditional Medicare Part B policy, Patient acknowledges the following policies.
 - a) Patient understands claims for covered services will be submitted to Medicare.
 - b) Copays, coinsurance, deductibles, and any other noncovered charges are the patient's responsibility and will be expected to be paid at the time of service.
 - c) Patient understands Medicare will send an Explanation of Benefits (EOB) to both Patient and the Practice showing what total patient responsibility is. If Patient disagrees with the amount owed, it is Patient's responsibility to contact Medicare immediately.
 - d) Patient acknowledges that insurance coverage must be valid and verifiable at the time of services, or Patient will be charged the direct-pay fees.
 - e) Patient understands that telemedicine (video) consultations will be billed in the same manner as regular office visits. Medicare may or may not cover the visit in the same manner, though.
- 4. **Non-Participation in Insurance**. Patients without Medicare Part B acknowledge the following policies.
 - a) Neither Practice nor the Physicians participate in any other health insurance or HMO plans except for **traditional Medicare** only.
 - b) Neither the Practice nor Physicians make any representations regarding third party insurance reimbursement of fees paid under this Agreement.
 - c) The Patient shall retain full and complete responsibility for any such determination.
 - d) Patient acknowledges that their insurance coverage is a contract between Patient and Patient's insurance, and that Patient is responsible for determining their insurance's coverage for services.
 - e) Patient agrees to pay for each visit according to the fee schedule.

Patient Name:	DOB	:	Page :	3

- f) Patient agrees that payment is due at the time of service.
- g) Patient agrees to pay an out-of-pocket fee of \$100 for telephone calls. This fee will be charged to the credit card on file.
- 5. **Credit Card on File Policy**. Patient acknowledges that Practice requires keeping credit or debit card on file both to reserve each dedicated appointment slot, as well as a convenient method of payment for services.
 - a) Fees charged to the credit card on file include but are not limited to visit fees, co-payments, coinsurance, payments toward deductibles, and non-covered charges such as late cancellation/no-show fees, telephone encounters, and refill/form fees.
 - b) Patient certifies that he or she is the authorized user of the credit card supplied.
 - c) Patient acknowledges their credit card information is kept confidential and secure via Stripe, and only the last four digits of my credit card number can be seen by the Practice staff.
 - d) Patient acknowledges that estimated fees will be charged at the time of appointment to the credit card on file. These are just estimates and may change at the time of insurance claim processing, if applicable. Once processed, any remaining charges will be immediately charged to the credit card on file. If there is any credit on Patient's account, a refund will be posted to the credit card on file as soon as possible.
 - e) With the exception of payments due at the time of service, payments to the card on file are processed only after any applicable insurance claim has been filed and processed, if applicable.
 - f) Patient acknowledges that out-of-pocket expenses incurred between visits will be charged to the credit card on file immediately and without warning. These expenses include but are not limited to no-show/late cancellation fees, telephone encounters, refills, and forms fees.
 - g) Patient agrees to update credit card on file when needed. Patient will receive a statement in the event the credit card cannot be charged, and there will be a **\$25 statement fee** added.
- 6. **Late Cancellation Policy**. Patient acknowledges there will be a \$50 charge if Patient cancels or changes their appointment less than 48 hours prior to their appointment time. Multiple late cancellations or noshows may result in dismissal from the practice.
- 7. **Late Arrival Policy**. Patient acknowledges that Physician operates under a "therapist" model, meaning each appointment has a reserved duration of time dedicated to it, allowing patients to be seen for their entire scheduled visit time. Patient acknowledges that arriving late for an appointment may result in a visit being truncated to allow others to be seen on time. A truncated visit may result in an incomplete assessment and the patient may need to return for further assessment. Patient acknowledges if they arrive late for the visit, they may not be seen and may be charged the late cancellation fee.
- 8. **Telemedicine Consultations**. Patient acknowledges that Physician will sometimes engage Patient in a telemedicine (video) consultation. Patient understands:
 - a) the telemedicine consultation will not be the same as a direct office visit since Patient will not be in the same room as Physician.
 - b) Physician assumes Patient is alone during the consultation, and Physician will not know if there are any other people in the same room as me, or within hearing distance, unless Patient says so, thus confidentiality may be breached.
 - c) There are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties. Physician or Patient can discontinue the visit at any time.
 - d) As an alternative to a telemedicine consultation, Patient can cancel and reschedule the visit for a later time or seek care from another doctor's office. Patient understands if Physician believes a direct physical examination or other testing are necessary, she will ask Patient to come in for another visit in order to complete the assessment.

9.	Hospital	l, Emergenci	es, and S	Services	Between	Visits
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a) This agreement is for ongoing nonurgent outpatient neurology care, not primary, emergency, or urgent care. Physician will make reasonable efforts to be available by telephone for urgent needs and to see

Patient Name:	DOB	:	Page 4	4
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- you as needed the next available business day that the Physician is available, **but there is no quarantee of after-hours availability.**
- b) Patient may be asked to schedule an appointment if issues or questions arise between scheduled appointment times. The best way to discuss their care is in a scheduled appointment to allow for examination and enough time for discussion.
- c) Patient acknowledges that Practice is not an emergency facility, and if they have emergency needs, Patient agrees to call 911 or go to the nearest ER. Patient understands they can page Physician after hours for urgent matters, but Patient may be charged \$50 for nonurgent matters at the doctor's discretion. Patient may be dismissed from the Practice if this recurs.
- d) Patient acknowledges that Physician does not go to the hospital. She may recommend you go to the Emergency Room if you are having symptoms of an emergent condition or need to be seen urgently, but in that case, your care will be under the hospital doctor(s).
- e) Though Dr. Chalfin will make every best effort to communicate with Patient's treating doctors at the hospital, it is ultimately Patient's responsibility to communicate the names and contact information of Physician and other members of Patient's treatment team to the ER/hospital. If Patient has questions or needs clarification while hospitalized, Patient agrees to ask the doctor, nurse, or charge nurse responsible for Patient's care in the hospital because Dr. Chalfin does not have access to hospital records and is not involved in decision-making in the hospital.

10. Results, Refill, Forms, and Paperwork Policy

- a) You agree to discuss any and all results during follow-up appointments.
- b) You agree to request all refills at the time of visits and that you will be provided with enough refills to last you until your next appointment. You acknowledge that if you cancel or reschedule an appointment, you may run out of medication. You agree to pay \$50 for any refill requests between appointment times, and that these refills will be honored at the Physician's professional discretion.
- c) You agree to request paperwork, forms, or letters during appointments. You agree to pay the out-of-pocket fee of \$50 for any letters, forms, or other paperwork that require completion by Physician outside of scheduled appointment times. You understand that you can avoid this charge by scheduling an appointment and bringing the forms to the visit. You also understand Physician will only fill out paperwork and sign statements she agrees with.

11. Controlled Medications/Marijuana Policy

- a) Dr. Chalfin does not prescribe opiates or medical marijuana for the treatment of chronic pain, or benzodiazepines for the treatment of chronic anxiety or insomnia. She does not take over the prescribing of these medications from other physicians.
- a) As required by law, Dr. Chalfin reviews your prescription refill habits through the Prescription Drug Monitoring Program, even if she is not prescribing a controlled substance.
- a) Dr. Chalfin communicates with prescribing physicians about your treatment plan if it is related, even if she is not also prescribing me controlled substances.
- a) If such medications are required for treatment of my condition, Patient agrees to bring in medication bottles to each visit for pill counts. Random urine drug screens may also be ordered between office visits to ensure compliance. Any unwillingness to participate in pill counts or drug screens will result in discontinuation of the prescription and dismissal from the practice. Any diversion or abuse of prescribed medications will result in dismissal from the practice and reporting to authorities.
- 12. **Services Practice Does Not Provide**. The following services are not offered in our office at this time, usually due to their cost prohibitive nature for such a small size practice. These may change in the future. Practice will make an effort to help you obtain needed services elsewhere in the most cost-effective manner possible.
 - a) In-Office Procedures
 - b) Laboratory Studies and blood draws
 - c) Electrocardiograms (ECGs)
 - d) MRIs, CTs, USs, and other imaging studies
 - e) Electroencephalograms (EEGs)

Patient Name:	DOB	:	Page	5

- f) Sleep studies
- g) Dispensing medications
- h) Pathology studies
- i) Radiology studies
- j) Vaccinations
- k) Hospital Services. Due to mandatory "on call" duties required at local institutions; we have elected NOT to obtain formal hospital admission privileges at this time. See Section 10 for more information.
- 13. **Term.** This Agreement will commence on the date it is signed by the Patient and Physician below and will extend indefinitely thereafter or until either party terminates the Agreement. Notwithstanding the above, both Patient and Practice shall have the absolute and unconditional right to terminate the Agreement, without the showing of any cause for termination. The Patient may terminate the agreement with twenty-four hours prior notice, but the Practice shall give thirty days prior written notice to the Patient and shall provide the patient with a list of other Practices in the community in a manner consistent with local patient abandonment laws. Examples of reasons the Practice may wish to terminate the agreement with the Patient may include but are not limited to:
 - a) The Patient fails to pay applicable fees.
 - b) The Patient has performed an act that constitutes fraud.
 - c) The Patient repeatedly fails to adhere to the recommended treatment plan, especially regarding the use of controlled substances.
 - d) Patient makes threats or directs any aggressive or violent behavior toward staff, other patients, or neighboring businesses, or presents an emotional or physical danger to the staff or other patients of Practice.
 - e) Practice discontinues operation; and
 - f) Practice may terminate a patient without cause as long as the termination is handled appropriately (without violating patient abandonment laws).
- 14. Privacy & Communications. Practice abides by federal privacy regulations and keeps Patient protected health information (PHI) confidential. Information will only be shared with Patient's verbal or written permission. Exceptions to this include for the purposes of treatment, payment, or healthcare operations, as well as if you are a danger to yourself or others; and if Practice or Physician are obligated to comply with an investigation. You can request a digital copy of your records at no charge, and they will be shared with you via our secure, online password-protected patient portal through Elation. You further acknowledge that communications with the Physician using e-mail, facsimile, video chat, instant messaging, and cell phone are not guaranteed to be secure or confidential methods of communications. You agree to use the online, password-protected patient portal through Elation for any general, nonurgent questions. The practice will make an effort to secure all communications via passwords and other protective means. The practice will make an effort to promote the utilization of the most secure methods of communication, such as software platforms with data encryption, HIPAA familiarity, and a willingness to sign HIPAA Business Associate Agreements. This may mean that conversations over certain communication platforms are highlighted as preferable based on higher levels of data encryption, but many communication platforms, including email, may be made available to the patient. If the Patient initiates a conversation in which the Patient discloses "Protected Health Information (PHI)" on one or more of these communication platforms, or specifically requests release of information on one or more of these platforms, then the Patient has authorized the Practice to communicate with the Patient regarding PHI in the same format.
- 15. **Attorneys.** In the event Physician is required to retain an attorney or to appear in court, the current hourly rate, billed by the quarter hour or fraction thereof, will be charged based on the most recent Attorney Fee Schedule, which can be obtained upon request.
- 16. **Severability.** If for any reason any provision of this Agreement shall be deemed, by a court of competent jurisdiction, to be legally invalid or unenforceable in any jurisdiction to which it applies, the validity of the remainder of the Agreement shall not be affected, and that provision shall be deemed modified to the

Patient Name:	DOB	:	Page	6

minimum extent necessary to make that provision consistent with applicable law and in its modified form, and that provision shall then be enforceable.

- 17. **Assignment.** This Agreement, and any rights Patient may have under it, may not be assigned or transferred by Patient.
- 18. **Jurisdiction.** This Agreement shall be governed and construed under the laws of the State of Florida and all disputes arising out of this Agreement shall be settled in the court of proper venue and jurisdiction for the Practice address in Boca Raton, Florida
- 19. **Updates.** We will update these policies from time to time. You may review the latest policies on request.

20. I	Patient Understandings (INI	ΠΑL EACH):	
	This Agreement is for ongoing (PCP) for preventive care.	ng nonurgent outpatient neurolog	y care. I have a Primary Care Practitioner
	I do NOT have an emerger emergency, I agree to call 9	•	and understand in the event of a medical
	I do NOT expect the pract Medicare only.	ice to file or fight any insurance	e claims on my behalf except Traditional
		at the time of service. By sub-	I agree to the Practice charging all fees to mitting my credit card, I certify I am the
	I agree to the Late Cancella 48 hours of an appointment.		luding a \$50 fee for changes made within
	_ I understand there is no gua	rantee of after-hours availability.	
	I agree to receive results, a visits only, or I will be subjec	·	eferrals, and fill out any paperwork during
	_ I do NOT expect the practice	e to prescribe chronic controlled s	ubstances on my behalf.
	(These include commonly al	oused opioid medications, benzoo	liazepines, and stimulants.)
	In the event I have a compla	int about the Practice I will first no	otify the Practice directly.
	_	t and seeking neurology care fro Neurology Clinic are a good fit fo	om this practice voluntarily and because I or my needs.
Patier	nt (or Guardian) Signature	Patient (or Guardian) Name	Date
Physi	cian Signature	Date	

Patient Name:	DOB	} :	Page	7

APPENDIX

Summary of Fees for Non-Medicare Patients [Direct-Pay Fee Schedule]

The following fees include a discount for payment at the time of service.

•	New patient appointment (direct pay)	\$395
•	Follow-up patient appointment (direct pay)	\$195
•	Telephone calls	\$100
•	Late cancellation/No Show fee	\$50
•	Between-visit refill fee	\$50
•	Between-visit form or paperwork fee	\$50
•	Nonurgent after-hours page penalty	\$50
•	Statement fee for declined Credit Card	\$25

^{*} Patients with Medicare will have their own rates as determined by Medicare; their responsibility will be noted in their Explanation of Benefits (EOB).

Medicare Patients are usually responsible for the following fees

- 2023 Part B **Deductible** (before any Part B benefits are paid by Medicare): **\$226**
- After the deductible is paid for the year, 20% coinsurance: 20% of the allowable charge for each visit
 or fee billed, depending on the level of complexity of the visit. For example, for a Dementia Care visit,
 the allowable charge is approximately \$280, of which you would be responsible for 20% which is \$56.
 These allowable charges change yearly.
- There is no copay for visits with traditional Medicare Part B.
- If you have a secondary plan such as United American Plan F:
 - Your secondary plan may pay some or all of your Part B Deductible and your 20% coinsurance.
 - o However, your secondary plan may have a deductible of its own before its benefits kick in.
 - It may require a copay of its own for each visit.
 - o If it is an official Medigap plan (titled Plan A, B, F, etc), you can look up the plan type and what it covers online, and we will do our best to estimate your responsibility.
 - o If it's not an official Medigap plan, it is your responsibility to know your benefits, and you may need to fight for reimbursement from your secondary insurance company yourself.
 - o Practice will charge you up-front for any estimated patient responsibility. However, these are just estimates
 - Any change to the actual amount of your Patient Responsibility will be settled to your credit card on file once the insurance's Explanation of Benefits is posted.

Patient Name:	DOB:	F	Page 8	3

CREDIT CARD ON FILE AUTHORIZATION FORM

Patient's Name: Date of Birth:	
At Ideal Neurology Clinic, we require keeping your credit or debit card on file as a payment for the portion of services that your insurance doesn't cover for which you are but is not limited to, co-payments, coinsurance, and payments toward your deductible.	
Your credit card information is kept confidential and secure. With the exception of paym service per our Financial Policies, payments to your card are processed only after the claprocessed by your insurer, and the insurance portion of the claim has paid and posted to	aim has been filed and
Card Information:	
Card Type (circle): Visa Mastercard Discover Amex Other	
Name on Card:	
Card Number:	Zip:
Expiration Date: CVV/Security Code:	
Cardholder Signature:	
I authorize and request Ideal Neurology Clinic to charge my credit card, indicated due for services rendered that are the patient's financial responsibility. This authorizes not covered by my insurance company for services provided to Patier Clinic.	rization relates to all
This authorization will remain in effect until I cancel this authorization. To cancel, notification to Ideal Neurology Clinic in writing and the account must be in good st	
·	anding.
notification to Ideal Neurology Clinic in writing and the account must be in good since the second of the second o	anding.

Patient Registration Form

Today's Date:		DOB:				
Name:		Age:	R or	L handed	M	F
What should I call you? (Fire	st Name, Nickname, Dr., N	Vr., Mrs., etc.) _				
Primary Care Physician Nar	ne:		Pho	one:		
SSN:	Ma	arital Status: S	M Se	D W		
Address:						
Cell Phone:	Home Phone:		C	Other:		
Email:						
Employer:	Address:					
Pharmacy Name and Cross	-Streets:		Pho	ne:		
How do you prefer to be cor	ntacted for appointment re	eminders? Text	Email	Voice Non	ie	
Responsible Party (if differ	ent than patient)					
Name:)OB:			
SSN:		_				
Address:						
Cell Phone:				ner:		
Email:						
Employer:	Address:				_	
Emergency Contact						
Name:		Phone #:				
Address:						
			•			
Email:						
How did you hear about Dr.	Chalfin's practice?					
If you have an advanced dir several boilerplate templates						one, there are
•	vith a terminal condition of treating physicians, I DO	•	-			nctional recove

Consent To Treatment

The undersigned, as patient or guardian of patient, authorizes Dr. Chalfin to evaluate the above-named patient and provide treatment. I authorize release of medical information that may be necessary for continuity of care, for reimbursement from insurers, and as needed for investigations. I assign all medical benefits payable for services to the Ideal Neurology Clinic, PLLC. I permit a copy of this authorization to be used in place of the original. I have reviewed, accepted, and will comply with office policies. I have received the privacy practices. I accept financial responsibility for all charges regardless of insurance, except where prohibited by law.

Patient/Guardian Signature: Date:

Disclosure of Medical Information
I give Dr. Chalfin permission to discuss my medical condition with the following people: (names)
Spouse/Significant Other:
Parent(s):
Sibling(s):
Children:
Other:
Place a star next to the one person you would like to make medical decisions on your behalf if you are unable.
Other medical providers I would like to receive a copy of my medical notes (include contact info):
I may change this at any time by notifying the office and following up with a written notification.
Patient/Guardian Signature: Date:

Patient Name:

DOB: Page 11

CONSENT TO OBTAIN PATIENT MEDICAL RECORDS

b be released to: ic, PLLC ucecare.com (561) 961-8575	
i c, PLLC ucecare.com	
ucecare.com	
sì1 3433	
ion applies to all healthca	ire information for t
ny healthcare information liseases, psychiatric disor ase all health information	rders/mental health
Date si	gned
i	ion applies to all healthcany healthcare information liseases, psychiatric disorase all health information

General Questionnaire for All Patients – Reason for Visit

What issue are you seeing the doctor for? How long have you had this symptom?				
Who recommended this evaluation, and why? What goals do you have for this evaluation?				
Have you seen any other physician for this problem? Have you received any diagnoses?				
What have you tried that has worked or not worked? Did anything cause side effects?				
Please circle the following tests you have had and make sure you bring appointment.	all results with you to your			
CT/MRI of the brain CT/MRI of the spine CT/MRI of neck Carotid ultrasound MRA/CTA of the blood vessels Electroencephalogram (EEG, brain wave study)	EMG/Nerve Conduction study Lumbar puncture (spinal tap) Neuropsychological testing Sleep study			
Anyone in your family with similar problems?				
Do you experience any other symptoms?				

General Questionnaire for All Patients - Health History

Name:	Today's Date:		
Height:C	Current weight:		
When filling out the following, plea if issues are resolved.	ise consider your <i>current</i> health sta	tus as well as your medical <i>history</i> , even	
Have you ever had any of these n Abuse/trauma	nedical issues? (circle) Head/neck injury/Concussion	Lung problems	
	Headaches/Migraines		
Anxiety Arrhythmia/Atrial fibrillation	Heart attack/heart problems	Meningitis/encephalitis Multiple sclerosis	
Arrhythmia/Atrial fibrillation Autoimmune disease	•	·	
	High blood pressure	Osteoporosis	
Birth injury/developmental issue Blood clots	High cholesterol HIV/other infection	Pregnancies	
		Seizures/Epilepsy	
Cancer/Brain Tumor/Surgery	Kidney disease	Sleep apnea	
Depression	Liver disease	Stroke	
Diabetes	Loss of consciousness	Thyroid disease	
Please explain (include general da	ales).		
Any other medical problems?			
Any previous surgeries? (include of	general dates):		
Have you ever been hospitalized t	for anything (else)?		
List all food and drug allergies:			
counter medications, vitamins, her	rbal supplements, etc. trength # pills Fre	Please include pain medications, over the quency of doses	
			

List family members who have had the following: (M=	mother, $F = father$, $B = brother$, $S = sister$, etc)
Alcohol or substance/drug addiction:	Memory problems/Alzheimer's disease:
Anxiety, depression or suicide:	Multiple sclerosis:
Blood clots:	Premature death:
Cancer (include type):	Seizures:
Diabetes:	Stroke:
Headaches:	Thyroid problems:
Heart attack/problems:	Other illnesses:
Who lives at home? Describe your home life:	
Children's Names:	
Where are you from originally?	
Religion/spirituality?	Rabbi/priest/clergy:
What's the highest level of education you had?	
Previous/current occupation:	Satisfied?
Sleep quality? How many h	ours?
What are your exercise habits?	Diet?
How much caffeine do you consume?	Any energy drinks?
How's your stress level?	
What are your stressors?	
How do you relieve stress?	
Health risks:	
21. Do/did you use tobacco? Y N	
22. Do/did you drink alcohol? Y N	
23. Do/did you use street drugs or other substances'	
24. Any other bad habits or addictions?	
	ast 12 months?In your lifetime? Do you use
any sexual protection?	
26. Exposures: Have you ever been exposed to cher	micals or travel-related infections?
27. Do you have firearms in your home? Y N	Locked & unloaded? Y N
28. Do you or anyone in your life have concerns abo	ut your driving safety? Y N
Explain (accidents? tickets? getting lost?)	
29. Do you need assistance paying bills, doing house	
toileting, etc? Do you use any medical equipmen	
Vaccines up to date? Y N Flu shot? Y N P	neumonia shot? YIN Shinales shot? YIN
· ·	·

Date and result of last: (NL = n	ormal; ABNL = abnor	mal)	
Eye exam	NL ABNL	Mammogram	NL ABNL
Dental exam	NL ABNL	Pap smear	NL ABNL
Hearing exam	NL ABNL	PSA	NL ABNL
Cardiac stress test or EKG	NL ABNL	Sleep study	NL ABNL
Colonoscopy	NL ABNL		
	General Questions	- Share if you are willing	
What are your health goals?			
What is your life purpose?			
Anything else you wish to shar	e?		
		Ladies:	
OB/Gynecologist name		Phone_	
Age of first menstrual period	Date of last n	nenstrual period	
Are you planning to become pr	egnant? Y N	When?	
What form(s) of birth control do	you use?		
How many pregnancies have y	ou had?	Are you breas	tfeeding? Y N

Review of Systems

(circle any symptoms in the last month)

General/Constitutional	Gastroin	testinal	Neurologic
Weight +/lbs	Abdomina	al pain	Dizziness
Change in appetite	Difficulty	controlling bowels	Balance difficulty
Fatigue	Nausea/v	romiting	Change in handwriting
Fever/chills	Diarrhea		Change in voice
Night sweats	Constipat	tion	Difficulty speaking
-	Blood in s	stool	Difficulty with coordination
Ophthalmologic	Black sto	ols	Falls
Vision loss			Headache
Blurry vision	Genitour	inary	Language difficulty
Double vision	Frequent	urination	Loss of consciousness
Eye pain	Leaking ι	ırine	Memory loss
Eyelids drooping	Painful ur	rination	Numbness/tingling
	Unable to	urinate	Seizures
HEENT	Sexual dy	/sfunction	Speech changes
Pain/Difficult swallowing	Vaginal b	leeding	Tremor
Pain/Difficulty chewing	-	-	Walking difficulty
Loss of smell	Hematol	ogy	
Hearing loss	Easy brui	sing	Psychiatric
Ringing in ears	Prolonge	d bleeding	Abnormally elevated mood
Snoring	Blood clo	ts	Anxiety
Dry mouth			Depressed mood
Change in voice	Musculo	skeletal	Difficulty concentrating
-	Back pair	1	Difficulty sleeping
Respiratory	Neck pair	า	Hallucinations
Shortness of breath	Joint pain		Irritability
Cough	Muscle pain		Mood swings
Bloody sputum	Weakness		•
	Spasticity	1	Endocrine
Cardiovascular			Heat intolerance
Chest tightness	Skin		Cold intolerance
Palpitations/Irregular Heartbeat	Moles	Color changes	Excessive thirst
Leg swelling	Rash	-	

Patient Name: _____ DOB: _____ Page 17

None of the above.