



IDEAL NEUROLOGY
CLINIC

RENATA CHALFIN, M.D.

7280 W. Palmetto Park Road, Suite 104, Boca Raton, FL 33433

Mailing: PO Box 880761, Boca Raton, FL 33488

www.idealneurology.com | hello@idealneurology.sprucecare.com

(ph) 561-961-8575 | (f) 561-898-1710

Communication Worksheet

Fill out this worksheet before your visit and keep it on you during your appointment.

Current Symptoms/Health Concerns (in order of importance to you):

1.

2.

3.

Prescriptions, Orders, Referrals Needed:

Questions for the Doctor:

Anything Else You Don't Want to Forget to Mention!

Notes from the appointment:

Recent medication changes:

Current Medications

Prescriptions:

Vitamins / supplements:

Over-the-counter medications:

Herbal preparations:



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Other important things to know before your appointment

Any updates to your driver's license or health insurance?

Have you seen any other doctors or health professionals since our last visit?

Any changes to your general health? Surgeries?

Any new allergies?

Anything else new going on in your home life, family? Any other changes?